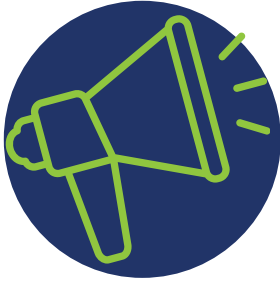


LAB TEST AND IMAGING RESULTS



DO NOT ASSUME NO NEWS IS GOOD NEWS. YOUR HEALTH IS TOO IMPORTANT TO LEAVE TO CHANCE.

WHEN TO EXPECT RESULTS

- If you had a lab test, look for results in your patient portal within two to three business days
- If you had imaging, look for the radiology report between one and three business days
 - Pathology and special studies may take longer
- If you do not see any results within this timeframe, message your care team within the patient portal or call your facility

READING YOUR RESULTS

Lab Reports

- Navigate to the results section
- Click into the PDF or full report
 - Do not just read the one-line summary
 - Look for 'H' or 'L', which indicate 'high' or 'low'
 - Look for anything that says 'abnormal'
- Use the patient portal to track trends, such as A1C levels over time

Imaging Reports

- Check impression results
 - This section will likely be at the end

USING YOUR PATIENT PORTAL

- Message your care team in the portal with a question
- Set alerts by turning on text or email notifications
- Use AI to explain medical language in simple terms — copy a few lines, not the entire report
 - Do not include identifiers like your name or date of birth

A GUIDE TO READING COMMON LABS

Checklist	Notes
A1C • Look at trends over months • Ask your doctor about changes to nutrition, activity or medicines	
Cholesterol Panel • Check your LDL or non-HDL • Ask your doctor what your goal is and how you achieve it	
Kidney Function • Check your creatine and eGFR levels over time • Particularly important for patients with diabetes, high blood pressure, or take a lot of NSAIDS	
CBC • If flagged for hemoglobin, ask what the likely cause is and what the next step is	