## HOW TO FIND THE RIGHT DOCTOR



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- · Ask for a specialist
  - If your primary care doctor gives you a diagnosis, ask if there is a specialist who focuses on this specific condition
  - It is important to work with a doctor who deeply understands your diagnosis
- Ask questions
  - How many patients with my condition have you treated?
  - o Do you have special training in this area?
- Look at trusted places
  - o Major hospitals and medical centers often have top experts for specific conditions
- Talk to patient groups
  - Many conditions have support groups or national organizations that maintain lists of trusted doctors
- Trust your instincts
  - o Did the doctor listen well?
  - o Did they explain in an easily understandable way?
  - Did I feel respected and not rushed?

## THE RIGHT DOCTOR CAN HELP YOU:

- Get the right treatment faster
- Feel better sooner
- Even save your life



YOU DESERVE A DOCTOR WHO KNOWS YOUR CONDITION





## FINDING THE RIGHT DOCTOR

Recommended Specialists	Specialist 1: Specialist 2: Specialist 3:
Ask Questions	Question 1: Answer 1: Question 2: Answer 2: Question 3: Answer 3:
Research Trusted Sources	Hospital 1: Hospital 2: Hospital 3:
Patient Groups or Organizations	Group 1: Group 2: Group 3:
Notes:	



