

INFORMED CONSENT AND TRANSITION OF CARE



YOU HAVE THE RIGHT TO UNDERSTAND YOUR CARE AND MAKE THE FINAL DECISION.



UNDERSTANDING INFORMED CONSENT

Before agreeing to any test, treatment, or procedure, patients should have a clear understanding of:

- **The purpose of the test, treatment, or procedure** – what it is and how it works
- **Why the care team recommends it** – the medical reasoning behind the suggestion
- **Potential risks and side effects** – what could go wrong or cause complications
- **Available alternatives** – other approaches or treatments that could be considered
- **Consequences of doing nothing** – what might happen if no action is taken

TRANSITION OF CARE

When moving from the hospital to home or another facility, informed consent can often be overlooked. Ensure that you:

- **Know your options and what is available** – skilled nursing, home care, hospice, etc.
- **Understand the benefits and risks** – every option has pros and cons
- **Have a say in the timing** – you can discuss when the transition happens



INFORMED CONSENT IS NOT JUST A SIGNATURE ON A FORM. IT IS A CONVERSATION.

INFORMED CONSENT CHECKLIST

Checklist	Notes
Ask questions: What are my options? What happens if I wait?	
Take time to decide You don't need to rush unless it's an emergency	
Understand in plain language The care team should explain things clearly	
Choose your provider or facility You have the right to choose where you get care and who provides it	
Say no if you feel unsafe You have the final say in what happens during your care	
Always leave with: A clear medication list Follow up dates A number to call in case something goes wrong	

Notes:
