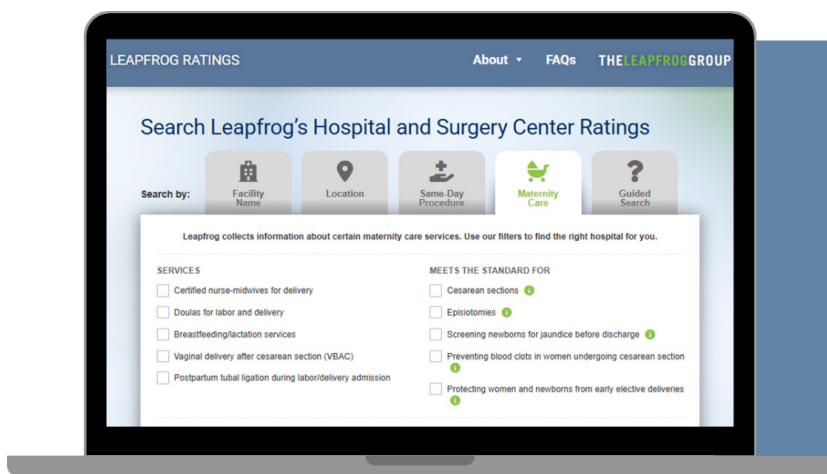


How to Use This Information

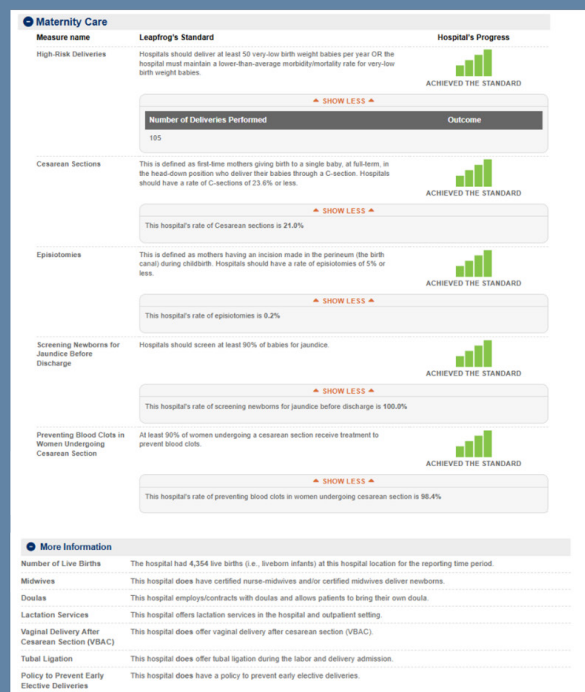
What Families Can Do

Expectant families should carefully research hospitals using Leapfrog's maternity care ratings. Look for hospitals that meet Leapfrog standards for episiotomy rate, and C-section rates and prevention of early elective deliveries. Families can also find more about the availability of key services like midwifery, doula support and lactation consultants.

Search for maternity care services at individual hospitals at leapfroggroup.org.



If a hospital is listed as “declined to respond,” it means they have chosen not to make their maternity care data public. Families can advocate for transparency by contacting the hospital and urging them to participate in the Leapfrog Hospital Survey.



RESOURCES

[*Hear Her Campaign Resources for Patients*](#), Centers for Disease Control and Prevention

[*Tips for Taking Charge of Your Maternity Care*](#), National Partnership for Women & Families

[*C-section Basics*](#), National Partnerships for Women & Families

[*Pregnancy Support and Topics*](#), March of Dimes

Doula Search Databases: [*DONA*](#), [*Pro Doula*](#), [*Black Doula Association*](#)